

Role of Practice Nurses, Health Care Assistants and Duty Nurse

Nairn Healthcare has three Health Care Assistants and five Practice Nurses.

Health Care Assistants are not qualified nurses, but have received vigorous training that allows them to do blood tests, blood pressure checks, ECG checks, 24 hr blood pressure height and weight checks as well as Well Woman and Well Man reviews. They also do the 6 monthly diabetic checks. The Health Care Assistants also free up the Practice Nurses for more complex tasks that need to be undertaken.

The Practice Nurses are responsible for routine procedures. Some of our nurses specialise in COPD, asthma and diabetes. They are also responsible for childhood immunisations and injections whether it be travel or contraceptive injections. They also do ear syringing, smear tests and dressing for wounds on a daily basis.

The duty nurse is on call each day for patients who are suffering from minor ailments. As the demand on Nairn Healthcare is high, the nurse will deal with minor ailments to allow the duty doctor to be free for more specialised issues. The duty nurse can deal with skin, eye and abdominal conditions as well as coughs/colds, urinary tract infections and simple sprains and backache. The duty nurse also works with the duty doctor to help prioritise with urgent care requests.